



JOIN ME ON THE KOKODA "WALK TO HELL AND BACK"

BLACK DOG INSTITUTE



I, together with 14 other ISTM members, will be leaving Sydney on the 15th June to trek the Kokoda track (155km) over 10 grueling days to help raise funds and awareness for The Black Dog Institute. The Black Dog Institute is a support network dealing with depression.

With support from the ISTM, we are aiming to raise \$100,000. Your support will be an opportunity to make a tax-deductible donation, which will assist with raising awareness of depression and further research opportunities.

You can donate by cheque payable to The Black Dog Institute, or online at:

www.everydayhero.com.au/kokoda__istm_walk_for_the_black_dog

(please note there is a double underscore between kokoda and istm)

My walk is dedicated to the late William Gerald Shaw, who was a client, friend and mentor, and who is sadly missed.

I look forward to your generous support.

A handwritten signature in black ink, appearing to read 'George Vumbaca', with a long, sweeping underline.

George Vumbaca
Director
Jameson and Associates Unit Services Pty Ltd

DONATION FORM
The Black Dog Institute
Kokoda 'Walk to Hell and Back'

BLACK DOG INSTITUTE



To: George Vumbaca, Jameson and Associates

From: _____

Enclosed please find my cheque for \$ _____

Please make the receipt payable to:

Kind Regards

Address: _____

Message of support:

Visit the website:

www.everydayhero.com.au/kokoda_istm_walk_for_the_black_dog